Anchorage Community
Emergency & Advocacy Resources
(LITTLE BLUE BOOKLET)

BROUGHT TO YOU BY
THE MUNICIPALITY OF ANCHORAGE
ANCHORAGE HEALTH DEPARTMENT
ANCHORAGE DEPARTMENT POLICE

JANUARY 2020
FOR HELP FINDING RESOURCES NOT LISTED IN THIS BOOKLET, PLEASE CONTACT:

United Way of Anchorage - Alaska 211
Call 211 or 1-800-478-2221
alaska211.org
Alaska 211 is a confidential referral service to local, state, and federal resource

JANUARY 2020
# TABLE OF CONTENTS

EMERGENCY TELEPHONE NUMBERS .................................................................................. 3
MOTOR VEHICLE ACCIDENTS .............................................................................................. 4
TO VISIT A PERSON WHO HAS BEEN ARRESTED .......................................................... 5
MEDICAL AND HEALTH-RELATED RESOURCES ............................................................... 6
HOSPITALS ............................................................................................................................ 6
MEDICAL HEALTH CLINICS ............................................................................................... 8
MENTAL HEALTH RESOURCES FOR YOUTH AND ADULTS ........................................... 9
DEATH .................................................................................................................................. 10
BEREAVEMENT SUPPORT SERVICES ................................................................................. 11
ALCOHOL LAWS & EMERGENCY ALCOHOL SERVICES .................................................. 12
UNDERAGE DRINKING ......................................................................................................... 12
SUBSTANCE USE INTERVENTION AND RECOVERY RESOURCES .................................. 13
HOMELESS/HOUSELESS AND NEAR HOMELESS/HOUSELESS RESOURCES .................. 17
LEGAL AND COURT RESOURCES ...................................................................................... 19
HATE CRIME RESOURCES .................................................................................................. 21
IMMIGRANT AND REFUGEE RESOURCES ....................................................................... 23
DISABILITY RESOURCES AND SUPPORT SERVICES ....................................................... 24
LGBTQ COMMUNITY RESOURCES ................................................................................... 26
VICTIM & VIOLENCE SURVIVORS’ RESOURCES ............................................................... 28
MILITARY AND VETERAN RESOURCES .......................................................................... 28
MILITARY AND FAMILY READINESS CENTERS ............................................................... 28
FAMILY AND PARENTING RESOURCES ............................................................................ 28
INTERPERSONAL VIOLENCE AND ABUSE STATUTES: ..................................................... 28
INTERPERSONAL VIOLENCE, ASSAULT, AND ABUSE RESOURCES ................................ 28
INFORMATION ON YOUTH DATING VIOLENCE BULLYING VIOLENCE .......................... 28
YOUTH RESOURCES ........................................................................................................... 28
MISSING AND RUNAWAY CHILDREN ................................................................................ 28
ELDER ABUSE ....................................................................................................................... 28
ANIMAL ABUSE .................................................................................................................... 28
<table>
<thead>
<tr>
<th>Topic</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sexual Assault</td>
<td>28</td>
</tr>
<tr>
<td>Federal Domestic Violence Laws</td>
<td>28</td>
</tr>
<tr>
<td>The Cycle of Domestic Violence</td>
<td>28</td>
</tr>
<tr>
<td>The Power and Control Wheel</td>
<td>28</td>
</tr>
<tr>
<td>Safety Planning</td>
<td>28</td>
</tr>
<tr>
<td>After You Leave</td>
<td>28</td>
</tr>
<tr>
<td>Information for Victims of Domestic Violence</td>
<td>28</td>
</tr>
<tr>
<td>General Info for All Victims of Crime</td>
<td>28</td>
</tr>
<tr>
<td>Victim-Witness Assistance Program</td>
<td>28</td>
</tr>
<tr>
<td>Protective Orders</td>
<td>28</td>
</tr>
<tr>
<td>Current Protective Order Questions</td>
<td>28</td>
</tr>
<tr>
<td>Phone Quick Reference</td>
<td>29</td>
</tr>
</tbody>
</table>
EMERGENCY TELEPHONE NUMBERS

Alaska State Troopers
Call 911 or Dispatch 428-7200

Anchorage Police Department:
Call 911 OR 786-8900

Anchorage Police Department (APD)
716 W. 4th Avenue
Anchorage, AK 99501
For Emergencies: Dial 911
APD Main Number 786-8900

When you dial 911, a police dispatcher assesses the nature and seriousness of the emergency. Personal safety is the determining factor. An officer will be dispatched to respond based upon the priority assigned the call. Priorities range from 1 (assault in progress, shots fired) to 9 (parking problem). You may be asked to stay on the phone until the officer arrives, especially if an incident is in progress. Once the safety of the caller is assured, the call can be ended. You will be asked to provide your phone number in case there is a need to contact you about the incident in the future. APD's main focus is protecting people.

Lobby Hours:
Monday-Friday 7:00 am-6:00 pm
The lobby is closed municipal holidays
Note: You can get help even if you do not speak English or are hearing impaired. Help is available to all persons.

Burglary: 786-8600
Definition: when a person enters or remains unlawfully in a building with intent to commit the crime of theft. A burglary case requires: (1) a suspect(s) who can be identified in court and (2) physical evidence, such as fingerprints, that can lead to the identification of a suspect. If your case meets the above criteria, you may check the status 10 days after the report was made. Have your case number handy when you call. You can add information to your burglary report by filling out a Citizen Follow-Up Report, available from the APD Records Section or online at: www.muni.org/apdl/apd911.cfm

Burglary Sergeant: 786-2679
APD has a Pawnshop Detail that checks for stolen property. Detectives will notify you if your property is located. If you find your property in a pawnshop, advise the Burglary Unit so APD may place a hold on the item(s).
Crime Prevention for Businesses: 786-8699
Make sure doors and windows are secured when leaving the building. Install an alarm system. Keep your building well-lit inside and out. Prevent ‘smash and grab’ incidents by removing valuables from front windows after closing. Report vandalism immediately to police. Remove graffiti as soon as possible to discourage more.

Crime Stoppers: 561-STOP (7867)
Call Crime Stoppers if you have information about a crime. If your tip helps lead to the arrest and indictment of a suspect, you may be eligible for a reward of up to $1,000. You can remain completely anonymous. If the tip you are reporting is life threatening, please call APD, 911.

Fees for Police Protective Services
If APD responds to any residential property more than eight (8) times in one calendar year, the owner of the property will be required to pay the Municipality of Anchorage (MOA) $500 for each additional response. MOA will inform the property owner in writing when eight responses have occurred. (Anchorage Municipal Code Chapter 8.80.)

Getting APD Records or Reports: 786-8600
Contact the APD Records Section.

How Do I Get Property Back?: 786-8660
To recover property seized by the police, contact the APD Property & Evidence Section. Release of property is by appointment only.

Identity Theft Hotline: 1-877-438-4338
Or www.consumer.gov

Impounded Vehicles: 343-4575
Call during business hours (M-F 8 am-5 pm)
Impound hours: 12:00 pm - 4:00 pm
www.muni.org/Departments/legal/civil/Pages/ImpoundsInfo.aspx
If you leave a voicemail, please leave your name, number, and vehicle license plate number. In order to retrieve a vehicle, you must be the registered owner and have the following with you: a certificate of title to the vehicle, proof of insurance, some form of valid, state-issued ID, and cash or a money order.

Motor Vehicle Accidents
911 or 786-8500

*APD or #APD is a FREE call from many cellular phones.
If there are injuries call 911. If no injuries, call dispatch at 786-8500. Move off the main road and wait for the officer.

If the damage to all vehicles is less than $1,000, or for minor hit-and-run collisions when the suspect is gone from the scene, you can complete a Citizens Accident Report Form for insurance purposes. You can fill out the form online or download it and mail it in. The following website has instructions and links:

www.muni.org/Departments/police/forms/Pages/AccRptInfo.aspx

Remember to mail your proof of insurance form to Juneau within 15 days or your license will be suspended.

To Visit a Person Who Has Been Arrested

Arrested adults are held at the Anchorage Correctional Complex:
1400 E. 4th Ave.
Phone: 269-4100.
To visit, you must be 18 years or older. Minors under the age of 18 must be accompanied by a parent or legal guardian. The birth certificate/guardianship paperwork must be presented when signing up for visitation. All visitors must have current identification each time a visit occurs, regardless of age.

Sign up begins one hour prior to any visitations and will last 30 minutes.

East Building (Anchorage Jail) Visiting Hours:
Daily: 9:00 am, 10:00 am, 1:00 pm, 2:00 pm, 6:30 pm, 7:30 pm.

West Building Visiting Hours:
Monday, Tuesday, Wednesday, Friday: 9 am, 10 am, 1 pm, 2 pm, 7 pm, 8 pm
Thursday: 1 pm and 2 pm only
Saturday and Sunday: 8 am, 9 am, 10 am, 1 pm, 2 pm, 7 pm, 8 pm. (JS)

Persons under 18 years of age will be held at the McLaughlin Youth Center:
2600 Providence Drive
Phone: 261-4399.

Nixle
To receive information, tips, and other messaging concerning emergency preparedness on your smartphone from the Office of Emergency Management, text your MOA zip code to 888-777 (Nixle).
You can also sign up at Nixle.com to receive email messages and adjust your account preferences.
www.muni.org/Departments/OEM/Pages/EAS.aspx
Emergency Alert System (EAS)
In the event of an emergency, the EAS will broadcast critical emergency information, such as health warnings, locations of emergency shelters, and recommended actions to preserve life and property. During times of emergency, tune into radio or TV. (JS)
The EAS will broadcast on 750 AM KFQD first.

Careline: 1-877-266-4357 or TEXT 839863
Careline is Alaska’s statewide 24/7 crisis line. They are a part of the National Suicide Prevention Lifeline. The line is open 24 hours a day, 7 days a week. It provides crisis invention for people contemplating suicide, experiencing crisis, depression, and/or isolation. The texting line is open 3-11pm Tuesday-Sunday.

Non-Emergency Line: 311
For all other non emergencies.

FOR ASSISTANCE WITH LOCATING RESOURCES NOT FOUND IN THE LITTLE BLUE BOOKLET, PLEASE CONTACT ALASKA 211:
United Way of Anchorage - Alaska 211
Call 211 or 1-800-478-2221
https://alaska211.org
Confidential services that provide a comprehensive list and connectivity to a multitude of local, state and federal resources

Medical and Health-Related Resources

**Hospitals**

Alaska Native Medical Center: 563-2662
Alaska Regional Hospital: 276-1131
Chris Kyle Patriots Hospital (Veterans): 258-7575
Elmendorf AFB Hospital (Emergency): 580-5555
Providence Hospital: 562-2211
St. Elias Specialty Hospital (Extended inpatient acute care): 561-3333

**Alaskan AIDS Assistance Association**
73B263-2050
1057 W. Fireweed Lane, Suite 102
www.alaskanaids.org
(Four A’s) Provides services to individuals and family living with HIV/AIDS.

**Alaska Veterans Healthcare System**
257-4700
1201 North Muldoon Road
www.alaska.va.gov
Offering primary, specialty, and mental health outpatient care. The facility also features a comprehensive Homeless Veteran Service, consisting of a Domiciliary Residential Rehabilitation program.

**Alzheimer’s Disease Resource Agency of Alaska**  
561-3313  
1750 Abbott Rd Suite 100  
[www.alzalaska.org](http://www.alzalaska.org)  
Care coordination, education and support for those experiencing Alzheimer’s disease, as well as their family and friends.

**American Cancer Society**  
277-8610  
3851 Piper Street St., #240  
[www.cancer.org](http://www.cancer.org)  
An organization devoted to helping patients understand their diagnosis, finding and paying for treatment, providing education surrounding treatment side effects, clinical trials, information on what patients, caregivers and family can expect, and confronting end of life issues.

**American Diabetes Association**  
272-1424  
200 W. 34th Avenue, #952  
[www.diabetes.org](http://www.diabetes.org)  
Helps provide resources and support to people and their families living with diabetes. Efforts include advocacy, promotion of healthy lifestyle, disease management, and prevention of diabetes.

**American Heart Association**  
865-5300 or 1-800-242-8721  
3700 Woodland Drive, #700  
[www.heart.org](http://www.heart.org)  
Voluntary Organization dedicated to fighting heart disease and stroke, and promoting cardiovascular health, as well as longer and healthier lives.

**Medicaid/Denali Care and Denali KidCare**  
400 Gambell Street  
[www.dhss.alaska.gov/dpa/pages/medicaid/default.aspx](http://www.dhss.alaska.gov/dpa/pages/medicaid/default.aspx)  
Medicaid provides health coverage and long-term care services for low-income Alaskans. The Division of Public Assistance determines eligibility for this program.

**Municipality of Anchorage WIC Clinic**  
343-4668  
[www.muni.org/wic](http://www.muni.org/wic)  
825 L Street, Suite 209
Supplemental nutrition assistance and health promotion program for women, fathers, infants, and children.

**Planned Parenthood**
800-769-0045
[www.plannedparenthood.org/health-center/alaska/anchorage](http://www.plannedparenthood.org/health-center/alaska/anchorage)
4001 Lake Otis Parkway Suite #101
Affordable/sliding scale and confidential care providers offering sex education, birth control, pregnancy testing, abortion services, sexually transmitted infection testing, LQBTQ services, men’s health care, and general health care.

**University of Alaska Dental Hygiene Program (low cost/free)**
786-4346
3500 Seawolf Drive
Allied Health Sciences, Room 148

**Medical Health Clinics**

**Anchorage Neighborhood Health Center**
748-7200
4951 Business Park Blvd.
[www.anhc.org](http://www.anhc.org)
Primary health care including dental, pediatrics and internal medicine provided. Full lab, x-ray and mammography services. Case management for special populations. Sliding fee scale available for uninsured patients.

**Providence Family Medicine Center**
562-9229
1201 East 36th Avenue
The Providence Family Medicine Center provides complete medical treatment with open access for every member of the family and offers a full range of primary care services.

**Anchorage Health Department - Public Health Clinic**
907-343-4799
825 L Street, First Floor (Walk-In Clinic)
[www.anchagepublichealth.com](http://www.anchagepublichealth.com)
Family planning, STI testing and treatment, child immunizations, sliding-scale billing.
Mental Health Resources for Youth and Adults

Alaska Psychiatric Institute: 269-7100
North Star Behavioral Health: 258-7575
Psychiatric Emergency Crisis Line: 563-3200

AK Child & Family (formerly Alaska Children’s Services)
346-2101
4600 Abbott Road
www.akchild.org/for-families/
Offers residential and community-based treatment services for youth experiencing emotional and behavioral issues and diagnoses.

Anchorage Community Mental Health Services
563.1000 (Main number)
563-3200 (Crisis Line)
762-8667 (Child & Family Services)
4020 Folker Street
www.acmhs.com
Promote recovery and wellness by providing consumer-driven behavioral health care services. Provides comprehensive outpatient treatment services for adults experiencing mental illness. Child and family services continuum provides a wide range of therapeutic services to emotionally disturbed children, adolescents and their families.

Alaska Mental Health Consumer Web
222-2980
1248 Gambell St.
www.theweb.ngo/
The web provides peer-driven, peer support in a safe environment guided by unconditional positive regard using a recovery-based philosophy.

Alliance Behavioral Medicine
562-0001
4048 Laurel St. Suite 101
www.docnassar.com/
Provide quality outpatient psychiatric care for children, adolescents, and adults including psychiatric consultation, psychiatric evaluation, continuing care with ongoing pharmacologic management, individual, and group psychotherapy.

Denali Family Services
274-8281
1251 Muldoon Rd. Suite 116
www.denalifs.org/
Serves children who require intensive behavioral health care services and their families. Offers individual, family and group psychotherapy services in combination with intensive care coordination and rehabilitative services.

**National Alliance for the Mentally Ill, Inc.**  
277-1300  
144 W 15" Ave.  
[www.nami.org/sites/alaska](http://www.nami.org/sites/alaska)  
Education, support, advocacy and research for severe mental illnesses.

**North Star Behavioral Health**  
258-7575  
2350 DeBarr Road  
[www.northstarbehavioral.com/](http://www.northstarbehavioral.com/)  
North Star Behavioral Health is a behavioral health facility that offers programs in and around the Anchorage, Alaska area for children, teens and adults who suffer from psychiatric or substance abuse issues. We also offer military-specific care to first responders, service members, veterans and dependents at the Chris Kyle Patriots Hospital.

**Providence Alaska Crisis Recovery Center**  
212-6240 – Adult  
212-6299 – Adolescent  
563-3200 – Crisis Line  
Providence Crisis Recovery Center is a 24-hour, sub-acute, voluntary behavioral health facility. We support individuals 12 years of age and older to effectively manage their psychiatric symptoms.

**Southcentral Foundation**  
729-4955  
4341 Tudor Center Drive  
[www.southcentralfoundation.com](http://www.southcentralfoundation.com)  
Provides outpatient counseling and psychosocial assessment to people of all ages. Individual, marital, family and group counseling are offered in a culturally appropriate setting.

**Death**  
_Homicide, Suicide, Accident, and Natural Causes_

**State Medical Examiner**  
334-2200  
Alaska law requires the Medical Examiner to determine cause of death for all deaths that are:  
- Sudden, for persons in apparent good health;  
- Not under the care of a physician;  
- Suspicious, unusual or unexplained;  
- The result of violence;  
- Unlawful or due to criminal neglect  
- All deaths that are not due to a natural cause (accidents, homicides, suicides)
The Medical Examiner's Office does not issue copies of death certificates. Copies can be obtained from Vital Records Office:
BP.O. Box 110675, Juneau, AK 99811-0675 or email: hss.vr.apps@alaska.gov

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**Bereavement Support Services**

*Low or no cost services offering support to persons experiencing the death of a loved one. Many are organized by volunteers who have had similar experiences.*

**Grief Share**

[www.griefshare.org](http://www.griefshare.org)

Several groups in the Anchorage and Eagle River areas meet regularly as part of this program.

**Hospice of Anchorage**

562-5433

[www.hospiceofanchorage.org](http://www.hospiceofanchorage.org)

A source of current information for grieving families.

**Legacy Funeral Homes**

277-1682

Provides grief support resources.

**Life Alaska Donor Services**

562-5433

Provides support/referral services and a current resource list at:
[www.lifealaska.org/support/online_bereavement_support_services.html](http://www.lifealaska.org/support/online_bereavement_support_services.html)

**National Helpline**

Substance Abuse and Mental Health Services Administration (SAMHSA)

1-800-662-HELP (4357)

SAMHSA’s National Helpline is a free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders.

**Providence Health & Services Alaska – Providence Hospice**

212-4400

[www.alaska.providence.org/services/h/hospice](http://www.alaska.providence.org/services/h/hospice)

Providence offers Medicare-Certified hospice care for adults with a life limiting illness and prognosis of less than six months. The goal is to improve the quality of life for the patient and family.
Survivors of Suicide Support Group
272-3100
Adult support for family members and friends of those in our communities that have died by suicide.

Veterans’ Grief and Loss Group
257-4854
Open to veterans or spouses, this is an ongoing group that meets monthly at the VA Behavioral Health building at Providence Hospital.

Veterans & Military Crisis Line
808-273-8255 Press 1 or text 838255
Confidential support for military members, veterans and their families and friends.
www.veteranscrisisline.net

Victims for Justice
278-0977
www.victimsforjustice.org
Assisting Alaskans affected by violent crime.

Alcohol Laws & Emergency Alcohol Services

Operating while Under the Influence 9.28.020
In Alaska, a motorist can get an OUI for driving or being in actual physical control of a motor vehicle, watercraft, or aircraft:

- While “under the influence” (impaired due to alcohol or a controlled substance), or
- with a blood alcohol concentration (BAC) of .08% or more.- TS

Anchorage Municipal Code § 09.28.021 Implied Consent generally require that all motorists agree to take a blood or breath test to determine the presence of alcohol or drugs. Motorists who refuse testing in violation of the law face the same penalties as persons convicted of an OUI.

- First Offense: At least 72 hours of house arrest, at least $1,500 fine, and 90-day license revocation. Included is an ignition interlock device for 6 months.
- Second Offense: 20 days in jail (house arrest possible), at least $3,000 fine, and 1 year license revocation. Included is an ignition interlock device for 12 months.
- Third Offense: 60 days in jail, at least $4,000 fine, and 3-year license revocation. Included is an ignition interlock device for 18 months.

Underage Drinking
Alaska youth under the age of 21 who consume, possess or control alcoholic beverages are subject to AS 04.16.050, § 8.05.025 Minor offense fine schedule and § 8.35.416.050. Alcohol possession, control, or consumption by persons under the age of 21.
Progressive sentencing is imposed.
- **First Offense:** impose a fine of $1,000 and require at least 48 hours of community work, revoke the person's driver's license for three months, take possession of the person's driver's license; and suspend up to $500 of the fine and place the person on probation.
- **Second Offense:** $1,000 fine, 48 hours community work, 3 month driver's license revocation.
- **Third Offense:** Habitual minor consuming or in possession or control is a class B misdemeanor. Upon conviction, the court may impose an appropriate period of imprisonment and fine and place the person on probation and will impose at least 96 hours of community work, revoke the person's driver's license for six months, within five working days, notify the agency responsible for the administration of motor vehicle laws of the revocation; and take possession of the person's driver's license.

Note: The court shall place a person sentenced on probation for one year, or until the person is 21 years of age, whichever is later. The person may not refuse probation. The court may require the person to pay for and enroll in a juvenile alcohol safety action program, if one is available. The court shall impose the following conditions of probation:

- the person shall pay for and successfully complete any education or treatment recommended;
- the person may not consume inhalants or possess or consume controlled substances or alcoholic beverages, except as provided in AS 04.16.051(b);
- the person shall timely complete any community work ordered, as provided in (f) of this section; and
- Bother conditions the court considers appropriate.

**Anchorage Community Safety Patrol**
343-4006
The Anchorage Health Department manages the contract for the Anchorage Safety Patrol (ASP) & Safety Center (ASC). ASP vans and staff are dispatched by the Anchorage Fire Department (AFD) Call Center to persons that appear to be incapacitated by alcohol or drugs in a public place. When not on a dispatch call from AFD, the ASP Van actively patrols the Anchorage Downtown and Midtown areas in search of persons that may be in need of assistance. 3-1-1 is also an additional number to use to get assistance.

**Providence Psychiatric Emergency Department**
563-3200 (Crisis Line)
212-2800 (Main)
The psychiatric emergency department at Providence Alaska Medical Center is designed to provide accessible, professional, cost-effective services to individuals in psychiatric and/or substance abuse crisis including assessment, crisis intervention, medical care, and referrals.

**Substance Use Intervention and Recovery Resources**
Akeela, Inc.
565-1200
1-800-478-7738 (Toll-free)
360 West Benson, Suite 300
www.akeela.us/

Akeela, Inc. is a non-profit organization offering a comprehensive array of services for the prevention and treatment of substance abuse, and alcohol abuse, in Anchorage, Alaska and other communities throughout the state.

Alcohol Safety Action Program
264-0735
303 K Street
www.dhss.alaska.gov/dbh/pages/prevention/programs/asap/default.aspx-

The Alaska Alcohol Safety Action Program (ASAP) provides substance use screening, case management and accountability for DWI, and other alcohol/drug related misdemeanor cases.

Alcoholics Anonymous (AA)
272-2312
615 East Ave Rm #B8
www.aa.org
12 step recovery programs. Call for meeting time/place
*Please note that the office is run by volunteers. If there are no volunteers on duty the office will be closed. If you would like to volunteer, please visit https://www.anchorageaa.org/hi_friends.html.

Anchorage Women’s Recovery Project (AWRP)
729-5190
4155 Tudor Centre Drive, Suite 205
www.southcentralfoundation.com/services/behavioral-health/awrp/

Alaska Women’s Recovery Project provides community-based, peer-driven and led recovery and support for women whose lives have been disrupted by alcoholism, drug addiction and co-occurring mental health disorders. Participants represent all ages, ethnic backgrounds and stages of recovery.

Cook Inlet Tribal Council (CITC) Clare Swan Outpatient Services
793-3200
www.citci.org/recovery/claire-swan-outpatient-program/

Clare Swan offers Outpatient (OP) and Intensive Outpatient (IOP) services to individuals struggling with substance abuse. The level of care and length of the treatment is determined by recommendations of substance-abuse assessments.

Cook Inlet Tribal Council - Ernie Turner Center
688-1750 (Main)
793-3233 – For information about eligibility
www.citci.com/content/residential-back
Prevention and treatment services include residential care, day treatment, outpatient care, elder residential care, continuing care, family strengthening project, counselor training/consultation. Those who are struggling with mental health disorders and/or addictions who have been recommended for inpatient treatment, as well as those who are experiencing chronic homelessness.

**Cook Inlet Tribal Council (CITC) Recovery & Reentry**
793-3427  
[www.citci.org/recovery/](http://www.citci.org/recovery/)
Provides comprehensive treatment to assist individuals within all stages of recovery from substance abuse or addiction, and support for those re-entering society after incarceration. Services include assessments, residential and outpatient treatment, individual and group counseling, alumni and peer support networks, and prevention, and are aimed at assisting individuals in accessing and increasing support to maintain sobriety.

**Southcentral Foundation - Dena A Coy**
729-5070  
Dena A Coy Residential Treatment Program serves pregnant, parenting and non-parenting women who are experiencing problems related to alcohol and other drugs and experiencing emotional and psychological issues. Services include addiction and mental health counseling, case management, and group counseling.

**Genesis Recovery Services, Inc.**
243-5130  
2825 W. 42nd Ave  
[www.genesisrecovery.org/](http://www.genesisrecovery.org/)
Genesis Recovery Services offers a residential treatment program as well as outpatient care, aftercare services, and sober living homes.

**RurAL CAP Housing First Program**
865-7505  
731 East 8th Avenue  
Housing First program serves individuals experiencing chronic homelessness struggling with multiple disabilities including mental illness, physical disabilities, chronic health conditions, and often times co-occurring addictions.

**Jett Morgan Treatment Services, LLC**
677-7709  
400 W. Tudor Road #A-400  
[www.jettmorgan.com/](http://www.jettmorgan.com/)
Provides outpatient treatment services for individuals who struggle with substance abuse issues, and other behavioral issues. Offers sliding fee scale for many of the services.
Narcotic Drug Treatment Center, Inc.
276-6430
520 E. 4th Ave., Suite 102
www.ndtcak.org/
Organization designed to assist individuals with overcoming physical and psychological dependency on opiates. The treatment philosophy emphasizes client's readiness to seek help as a key factor to effective therapy.

Salvation Army Clitheroe Program
276-2898
www.alaska.salvationarmy.org/alaska_division/our-programs/
The Salvation Army Clitheroe Center is a comprehensive substance use disorder and dual diagnosis treatment program that provides professional and affordable treatment services to adults who are addicted to alcohol and other drugs; personalized programs of recovery offer clients and their families the opportunity to access services in a residential or outpatient setting.

Southcentral Foundation (SCF) Detox
729-6690
4300 Elmore Road
www.southcentralfoundation.com/detox/
SCF Detox (formerly known as Ernie Turner Center Detox) is a voluntary program and open to all Alaska Native and non-Native residents ages 18 years and older. The detox program is a 14-bed facility that accepts customers who would like to medically detox from their substance of choice. Customers will detox in a comfortable shared space with others while under 24-hour medical supervision.

Southcentral Foundation (SCF) Four Directions Outpatient Treatment
729-6300
4000 Laurel Street
www.southcentralfoundation.com/services/behavioral-health/four-directions-outpatient/
SCF Four Directions provides substance abuse and dual diagnosis assessments, substance abuse and mental health counseling, and group counseling for men and women.

Volunteers of America Alaska
279-9634
2600 Cordova Street, Suite #101
www.voaaak.org/
Volunteers of America Alaska provides inpatient and outpatient treatment services to adolescents and their families. VOAAK’s programs offer chemically dependent adolescents the skills needed to eliminate their reliance on drugs and alcohol and the tools necessary to build and maintain strong, healthy futures.
Homeless/Houseless and Near Homeless/Houseless Resources

Emergency shelters offer overnight beds for homeless adults, teens, and victims of domestic violence (and their children.)

Anchorage Gospel Rescue Mission
563-5603
2823 Tudor Rd.
www.anchoragerescue.org
Beds for single men & women 18 or older; hot meals and clothing for any age and gender. New Life Recovery program for men 18 and older. Identification Required.

Abused Women Aid in Crisis (AWAIC)
279-9581 (Main)
272-0100 (Crisis line)
102B100 W 13th Ave.
www.awaic.org
AWAIC is the largest domestic violence safe shelter in Alaska and provides emergency support services to women, men, and their children. This emergency support includes a shelter, transitional housing, and a 24-7 crisis and support line.

American Red Cross
646-5400
235 E. 8th Ave., Suite 200
www.alaska.redcross.org
108BTemporary housing immediately following disasters (e.g. fires, floods, earthquakes).

Bean's Cafe/Day Shelter
274-9595
1101 E. 3rd Ave.
www.beanscafe.org
Day shelter that includes breakfast and lunch. All ages and genders are welcome. Hours are from 7:15 am - 4:30 pm

Catholic Social Services - Brother Francis Shelter
277-1731
1021 E. 3rd Ave.
www.cssalaska.org/our-programs/brother-francis-shelter/
Night shelter for adult men and women, 18+ years of age. Services are provided on an equal opportunity, first-come, first-served basis. Dinner nightly at 7 p.m. Hours: 5:30 p.m. to 7 a.m.
Catholic Social Services - Clare House
563-4545
4110 Spenard Road
www.cssalaska.org/our-programs/clare-house/
Clare House is open to women with children and expectant mothers over the age of 18 and provides temporary, emergency 24-hour shelter and meals for women and women with children.

Catholic Social Services - St. Francis House Food Pantry
222-7323
3710 E. 20th Ave.
St. Francis House Food Pantry is the largest client choice food pantry in the state of Alaska and provides an emergency supply of food daily, and at no cost to the client.

Covenant House Alaska
272-1255
755 A Street
www.covenanthouse.org/homeless-shelters/anchorage-alaska
Covenant House Alaska’s Shelter Services offer homeless, runaway and at-risk youth ages 13 to 20 a safe place to stay and get help. Shelter Services’ doors are open 24 hours a day, 365 days a year and all services are free of charge.

Downtown Soup Kitchen Hope Center
277-4302
240 E. 3rd Ave
www.downtownhopecenter.org/
The Women's Shelter houses fifty women each night, year-round. Dinner, prepared by DSK Feed Me Hope Culinary Students, is served in the early evening.

Food Bank of Alaska
272-3663
www.foodbankofalaska.org/find-help

Priceless Alaska
646-4800
126B6689 Changepoint Dr.
www.pricelessalaska.org
Priceless is an anti-sex trafficking organization in Anchorage. Upon referral, Priceless does a basic assessment and then connects the women with a mentor team who helps the survivor navigate all the resources that may be available to her.

RurAL CAP - Safe Harbor
644-8525
207 Muldoon Rd.
Safe Harbor on Muldoon provides transitional housing for homeless families with children with the goal of moving them to permanent housing within six months of entry. RurAL CAP’s goal is to provide intensive case management services for families on-site and have partnerships for other services such as childcare, mental health, financial literacy and employment services.

**RurAL CAP - Sitka Place**
868-7373  
1905 E. 4th Ave  
Sitka Place provides low cost, safe, and affordable housing to the most vulnerable populations in Anchorage.

**Salvation Army McKinnell House**
276-1609  
1712 A Street  
[www.mckinnellhouse.salvationarmy.org/mckinnell_house/](http://www.mckinnellhouse.salvationarmy.org/mckinnell_house/)  
McKinnell House is a temporary emergency shelter, where families can stay for up to 30 days. McKinnell House provides emergency shelter for homeless families with children. Eligibility criteria are considered upon application.

**Legal and Court Resources**

- **Abused Women’s Aid in Crisis, Inc. (AWAIC)**
  272-0100  
  100 W. 13th Ave.  
  [www.awaic.org](http://www.awaic.org)  
  Provides crisis intervention, case management, and advocacy and legal advocacy to women who are suffering from domestic violence.

- **Alaska Legal Services Corporation**
  272-9431  
  1016 W. 6th Ave., Suite 200  
  [www.alsc-law.org](http://www.alsc-law.org)  
  Helps low-income individuals. Priority given to entitlement, health benefit, family law (divorce, custody, domestic violence), housing, rights of the elderly, and Alaska Native rights cases.

- **Alaska Native Justice Center**
  793-3550  
  3600 San Jeronimo Dr., Suite 264  
  [www.anjc.org](http://www.anjc.org)  
  Legal advocacy services, technical assistance, referrals, one-on-one education for victims or defendants in the Alaska justice and child welfare systems. Promotes justice through culturally based advocacy and prevention.
**If You Need a Private Attorney:**
Alaska Bar Association - Lawyer Referral Service  
272-0352 (No fee)

**Alaska Network on Domestic Violence and Sexual Assault**  
800-520-2666  
[www.andvsa.org](http://www.andvsa.org)  
The Alaska Network on Domestic Violence and Sexual Assault promotes and sustains a collective movement to end violence and oppression through social change.

**Alaska Institute for Justice**  
279-2457  
431 W. 7th Ave., Suite 208  
[www.akijp.org](http://www.akijp.org)  
Provides low-cost legal services for all immigration applications, including citizenship, permanent resident status, work permits, family petitions, and petitions for domestic violence victims.

**Catholic Social Services**  
276-5590  
3710 E. 20th Ave.  
[www.cssalaska.org](http://www.cssalaska.org)  
Cash assistance, medical coverage and case management services for eligible individuals. Basic services are provided at a nominal fee: assistance with work permits, green cards and naturalizations. Consultations provided.

**Covenant House Alaska**  
272-1255  
755 A Street  
[www.covenanthouse.org/homeless-shelters/anchorage-alaska](http://www.covenanthouse.org/homeless-shelters/anchorage-alaska)  
Covenant House Alaska’s Shelter Services offer homeless, runaway and at-risk youth ages 13 to 20 a safe place to stay and get help. Shelter Services’ doors are open 24 hours a day, 365 days a year and all services are free of charge.

**Disability Law Center**  
565-1002  
3330 Arctic Blvd., Suite 103  
[www.dlcak.org](http://www.dlcak.org)  
Represents disabled individuals on issues related to their disability.

**Municipal Prosecutor's Office**  
343-4250  
632 W 6th Ave, Suite #210  
Victim Witness Coordinator is point of contact for victims of crime.
Nesbett Courthouse
264-0514
825 W 4th Ave
www.courts.alaska.gov
Office of the Alaska Court System that supports cases of appeals, criminal law, domestic violence, family law, guardianship, housing issues, marriage information, probate estates, small claims, and traffic or other minor offenses.

State of Alaska - Office of Elder Fraud & Assistance
334-5989
900 W. 5th Ave., Suite 525
www.doa.alaska.gov/opa/oefa/
Addresses all forms of financial exploitation and coordinating related services for Alaska population to ensure that every elder victim who wants assistance receives it from existing sources.

State of Alaska – Public Defender
334-2580
733 W. 4th Ave., Suite 300
900 W 5th W Ave
To provide constitutionally mandate legal representation to indigent clients appointed by the court.

State of Alaska - Victim Witness Program
269-6300
District Attorney's Office
Statewide 1-800-770-8622
Provides information on case status and court proceedings, victim rights, violent crimes compensation, restitution, return of property, witness fees, and assists with travel/accommodations for out-of-towners.

Victim Information and Notification Everyday (VINE)
1-800-247-9763
Notification of offender's custody status.

Hate Crime Resources

Federal Hate Crime Statute
Title 178, U.S.C., Section 245

A hate crime is any act intended to cause injury because of a person's race, color, religion or national origin while they are:
- A student at a public school or college.
- Receiving services from a state or local government.
- Applying for or performing a private or state job, or joining a labor union.
- Serving as jurors in state court.
- Traveling on public transportation.
- Staying at a hotel, motel or eating at a restaurant.

It is also a hate crime to threaten or interfere with anyone who helps victims of these activities.

U.S. Department of Justice
1-206-220-6700
www.justice.gov
Monitors hate crimes and racial tension on the federal level, and assists State and local officials resolve and prevent racial and ethnic conflict.

Municipality of Anchorage (MOA) - Equal Rights Commission
343-4342 (Main)
343-4343 (Complaint Hotline)
632 W. 6th Ave., Suite 110
www.muni.org/departments/aerc
Investigates complaints of discrimination, educates the community about the laws prohibiting discrimination, and provides referral services. Call the complaint hotline or visit the office as well; no appointment is necessary. Translators are available free of charge.

American Civil Liberties Union of Alaska
276-2258
1057 W. Fireweed Lane, Suite 207
www.akclu.org
The ACLU of Alaska and the ACLU of Alaska Foundation are non-partisan organizations dedicated to advancing the cause of civil liberties in Alaska. The former fulfills its mission through legislative advocacy, coalition building, and grassroots advocacy. The latter pursues the same mission through public education and legal action.

Anchorage Community Police Relations Task Force
Municipal Equal Rights Commission
343-4342
632 W. 6th Ave., Suite 110
www.muni.org/Departments/AERC/Pages/AnchorageCommunityPoliceRelationsTaskForce.aspx
Monitors incidents involving minority citizens and Anchorage Police Department (APD) and serves as a liaison between the minority community, citizens and APD. The ACPRTF meets the second Friday of every month from 12-1 p.m at Fairview Recreation Center.

Anchorage Community Diversity Advisory Commission
Municipal Office of Equal Opportunity
343-4897
632 W. 6th Ave., Suite 620
Increases awareness and appreciation for racial and ethnic diversity, hears and reviews public concerns and makes recommendations to the Mayor’s Office of Equal Opportunity.

**Alaska State Commission for Human Rights**
276-7474 (Main)
907-276-3177 (Anchorage Area TTY/TDD)
800-478-4692 (Toll-Free Complaint Hot Line - in-state only)
800-478-3177 (TTY/TDD Toll-Free Complaint Hot Line - in-state only)
800 A Street, Suite 204
[www.humanrights.alaska](http://www.humanrights.alaska)

The Alaska State Commission for Human Rights enforces the Alaska Human Rights Law (AHRL) (AS 18.80). It is unlawful to discriminate because of race, religion, color, national origin, sex or physical and mental disability in:
- Employment: applying for or performing a private or government job.
- Financing and credit: applying for home or car loans,
- credit cards or performing credit checks.
- Receiving services from state or local government.
- Places of public accommodation: staying at a hotel or motel or eating at a restaurant.
- Sale or rental of real property: rental, sale or purchase of real estate as in a home or land.


**Immigrant and Refugee Resources**

The Department of Homeland Security will not be contacted if you seek police protection, medical care or social service assistance in response to domestic violence. Your immigration status is irrelevant to your safety and protection.

Catholic Social Services Refugee Assistance & Immigration Services (RAIS)
276-5590
3710 E 20th Avenue
[https://www.cssalaska.org/](https://www.cssalaska.org/)

Refugee Assistance & Immigration Services (RAIS) provides a bridge for refugees (individuals who have had to flee their countries of origin due to the tragedies of persecution and war) from their former life experiences to the new skills required for success in the United States.

Alaska Institute for Justice
279-2457
431W. 7th Ave., Suite 208
[https://www.akijp.org/](https://www.akijp.org/)
Legal assistance: [https://www.akijp.org/immigration-legal-assistance/](https://www.akijp.org/immigration-legal-assistance/)

Founded in 2005, the Alaska Institute for Justice is the only agency in Alaska dedicated to protecting the human rights of immigrants and refugees. Based in Anchorage and Juneau, our staff provides statewide comprehensive immigration legal services, as well as language interpretation and translation services throughout Alaska.
Disability Resources and Support Services

Americans with Disabilities Act (ADA)
ADA defines disability as a physical or mental impairment that substantially limits a person’s major life activities, such as walking, seeing, hearing, breathing, sitting, standing, lifting, learning and thinking. ADA prohibits discrimination against individuals with disabilities in all areas of public life, including jobs, schools, transportation, and all public and private places that are open to the general public. The purpose of the law is to make sure people with disabilities have the same rights and opportunities as everyone else.

Access Alaska
248-4777
1217 E 10th Ave
www.accessalaska.org
Helping Alaskans find information and access resources, advocate for change, hire personal care attendants, secure funding, training and services to lead the most independent, inclusive, productive, and satisfying lives possible. (PG)

Aging and Disability Resource Center
343-4694
825 L Street, Suite 203
www.muni.org/ADRC
The place to start to find out about variety of programs that are available to assist you in the community. ADRC serves as a one stop resource center, where trained and certified Resource Specialists are available to answer questions and help you understand and navigate a wide variety of resources.

Alaska Brain Injury Network
274-2824
121 West Fireweed Lane, Suite 175
www.alaskabraininjury.net
Alaska Brain Injury Network is the statewide leader in brain injury advocacy, information, support, and trainings.

Alaska Psychological Services
334-1000
741 Sesame St. #1B
www.akpsychservices.com/
Provides neuropsychological testing services for children ages 3 and up and adults with complex symptoms and when other treatment interventions are unsuccessful.
Alliance Behavioral Medicine
562-0001
4048 Laurel St. Suite 101
www.docnassar.com/
Provide quality outpatient psychiatric care for children, adolescents, and adults including psychiatric consultation, psychiatric evaluation, continuing care with ongoing pharmacologic management, individual, and group psychotherapy.

Anchorage Community Mental Health Services
563-1000 (Main)
762-8667 (Child & Family Services)
www.acmhs.com/
Promote recovery and wellness by providing consumer-driven behavioral health care services. Provides comprehensive outpatient treatment services for adults experiencing mental illness. Child and family services continuum provides a wide range of therapeutic services to emotionally disturbed children, adolescents and their families.

Assets, Inc.
279-6617
2330 Nichols St.
www.assetsinc.org
Help Alaskans with disabilities live independently, form friendships and find good jobs.

Cindy and Vic’s R &R, Inc.
230-3618
3401 E. 42nd Ave, Suite 101
www.cindyandvics.com/index.html
Provides person-directed services for adults with developmental disabilities by maximizing personal potential, supporting active citizenship and encouraging friendships for life.

Denali Family Services
274-8281
1251 Muldoon Rd. Suite 116
www.denalifs.org/
Serves children who require intensive behavioral health care services and their families. Offers individual, family and group psychotherapy services in combination with intensive care coordination and rehabilitative services.

Disability Law Center of Alaska
565-1002
1-800-478-1234 (Toll-Free - in-state)
13330 Arctic Blvd #103
www.dlcak.org
Mission is to vigorously enforce and advance the rights and interests of people with disabilities. Provides legal advocacy services to people with disabilities in Alaska.

**Easterseals Alaska**  
277-7325  
670 W. Fireweed Lane, Suite 105  
[www.easterseals.com/alaska/](http://www.easterseals.com/alaska/)  
Provides exceptional services, education, outreach, and advocacy so that people living with autism and other disabilities can live, learn, work and play in our communities.

**Hope Community Resources Inc.**  
561-5335  
1-800-478-0078 (Toll-Free - in-state)  
540 W. International Airport Rd.  
[www.hopealaska.org](http://www.hopealaska.org)  
Provides community supports to individuals and families who experience intellectual and developmental disabilities, traumatic brain injury, and mental health challenges.

**Stone Soup Group**  
561-3701  
877-786-7327 (Toll-free)  
Stone Soup Group provides information, support, training, and resources to Alaskan families and professionals who care for individuals with special needs, up to age 26.

**The Arc of Anchorage**  
277-6677  
2211 Arca Drive  
[www.thearcofanchorage.org](http://www.thearcofanchorage.org)  
Serves children and adults who experience developmental disabilities or mental health issues so they can lead rich, full, satisfying lives of dignity and purpose.

**LGBTQ Community Resources**

**Identity Inc.**  
929-4528  
336 E. 5th Ave.  
Email: info@identityinc.org  
[www.identityinc.org](http://www.identityinc.org)  
A Gay, Lesbian, Bisexual, Transgender and Allied organization that provides information, referrals and a sympathetic ear. Also houses the Gay and Lesbian Community Center of Anchorage (GLCCA), a meeting place for gay, lesbian, bisexual and transgendered individuals of all ages and ethnicities.
Parents, Families and Friends of Lesbians and Gays (PFLAG)
566-1813 (Anchorage Chapter)
www.identityinc.org/pflag
Email: pflag-anchorage@gci.net
Provides quarterly support meetings with confidential dialogue about sexual orientation. Parents, friends and children are welcome.

Covenant House Alaska
136B272-1255
755 A Street
www.covenanthouse.org/homeless-shelters/anchorage-alaska
Covenant House Alaska’s Shelter Services offer homeless, runaway and at-risk youth ages 13 to 20 a safe place to stay and get help. Shelter Services’ doors are open 24 hours a day, 365 days a year and all services are free of charge.

National Runaway Safeline
1-800-786-2929
1800RUNAWAY.org
Serves as the national communication system for runaway and homeless youth.

Alaska Youth Advocates
929-2633
704 W. 26th Ave.
www.akyouthadvocates.org
A safe space where youth can get a meal with their peers in a relaxed environment, gain access to resources and education, and learn about safer options when needed.

NorthStar Behavioral Health
1-800-478-7575 (Crisis Helpline)
258-7575 (Main)
The crisis line provides 24/7 support for individuals in distress.

Full Spectrum Health
229-9766
307 E. Northern Lights Blvd.
www.fullspectrumhealthak.com
email: info@fullspectrumhealthak.com
Provides evidenced-based, compassionate, trauma informed care to all patients regardless of their sexual orientation, gender identity, religion, family makeup, or any other diverse experiences or identities that make up a person.
Crime Victim Support Rights

Are you a Victim of a Crime?
If you are a victim of a crime, the services below could be used. As a victim, it does not mean you are weak or less than. But it means you are a survivor and strong. These resources are meant to help you from legal help to housing and even someone just to talk to. If you are in immediate danger, call 911. The non-emergency phone number is 311.

State of Alaska Victims’ Rights AK Constitution: (AK Const. Art. 1, § 24)

Law enforcement agencies, prosecutors, corrections agencies, social services agencies, and the courts shall make every reasonable effort to ensure that victims of crimes receive the rights set forth in this section. However, a failure to ensure these rights does not give rise to a separate cause of action against law enforcement agencies, other state agencies, or a political subdivision of the state.

Victims of crimes have the following rights:

- to be present during any proceeding in the prosecution and sentencing of a defendant if the defendant has the right to be present, including being present during testimony even if the victim is likely to be called as a witness;
- to be present during the adjudication of a minor (AS 47.12.110);
- to be notified of the date of trial, sentencing, appeal, and any hearing in which the defendant's release from custody is considered;
- to be notified that a court proceeding to which the victim has been subpoenaed will not occur as scheduled;
- to receive protection from harm and threats of harm arising out of cooperation with law enforcement and prosecution efforts;
- to be notified of the procedure to be followed to apply for and receive any compensation under AS 18.67;
- to cooperate with the criminal justice process without loss of pay and other employee benefits except as authorized by AS 12.61.017 and without interference by the victim’s employer;
- to obtain access to immediate medical assistance and not to be detained for an unreasonable length of time by a law enforcement agency before having medical assistance administered; however, law enforcement personnel may, if necessary, accompany the victim to a medical facility to question the person about the criminal incident so long as it does not hinder the administration of medical care;
- to make a written or oral statement for use in preparation of the pre-sentence report of a felony defendant;
- to appear personally at the defendant's sentencing hearing to present a written statement, sworn testimony or an unsworn oral presentation;
- to be informed by the prosecuting attorney, after the defendant's conviction, about the complete record of the defendant's convictions;
<table>
<thead>
<tr>
<th><strong>EMERGENCY 9-1-1</strong></th>
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<tbody>
<tr>
<td>Active Emergencies</td>
<td>Call 911</td>
</tr>
<tr>
<td>Poison Control</td>
<td>1-800-222-1222</td>
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<thead>
<tr>
<th><strong>NON-EMERGENCY ANCHORAGE POLICE DISPATCH</strong></th>
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<tbody>
<tr>
<td>Anchorage Police Department Dispatch main line</td>
<td>786-8900</td>
</tr>
<tr>
<td>Non-Emergency APD &amp; Municipality of Anchorage</td>
<td>3-1-1</td>
</tr>
<tr>
<td>Alaska 2-1-1 for Anchorage Community Referral</td>
<td>2-1-1</td>
</tr>
<tr>
<td>Alaska State Trooper Dispatch</td>
<td>428-7200</td>
</tr>
<tr>
<td>Anchorage Correctional Complex (Find In Jail)</td>
<td>269-4100</td>
</tr>
<tr>
<td>APD Property &amp; Evidence Section</td>
<td>786-8660</td>
</tr>
<tr>
<td>APD Records Section</td>
<td>786-8600</td>
</tr>
<tr>
<td>Crime Stoppers (Tip Line)</td>
<td>561-STOP (7867)</td>
</tr>
<tr>
<td>Identity Theft</td>
<td>1-877-438-4338</td>
</tr>
<tr>
<td>Impounded Vehicle</td>
<td>343-4575</td>
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<thead>
<tr>
<th><strong>CRISIS HOTLINES</strong></th>
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<tbody>
<tr>
<td>Alaska Suicide Hotline - Southcentral Foundation</td>
<td>563-3200</td>
</tr>
<tr>
<td>Careline Support for People Contemplating Suicide</td>
<td>1-877-266-4357 or text 839863</td>
</tr>
<tr>
<td>Crisis Text Line</td>
<td>Text HOME to 741741.</td>
</tr>
<tr>
<td>Love is Respect: Dating Abuse Helpline</td>
<td>Text loveis to 22522</td>
</tr>
<tr>
<td>Love is Respect: Dating Abuse Helpline</td>
<td>1-866-331-9474</td>
</tr>
<tr>
<td>National Runaway Safe Line</td>
<td>1-800-786-2929</td>
</tr>
<tr>
<td>National Suicide Prevention Lifeline</td>
<td></td>
</tr>
<tr>
<td>National Suicide Prevention Lifeline Crisis text line</td>
<td>1-800-273- TALK (8255)</td>
</tr>
<tr>
<td>National Suicide Prevention Lifeline Spanish</td>
<td>1-888-628-9454</td>
</tr>
<tr>
<td>Standing Together Against Rape (STAR)</td>
<td>276-7273</td>
</tr>
<tr>
<td>24-Hour Crisis Line</td>
<td>1-800-478-8999</td>
</tr>
<tr>
<td>(STAR) 24-Hour Crisis Line</td>
<td>1-877-565-8860</td>
</tr>
<tr>
<td>Trans Lifeline</td>
<td></td>
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<tr>
<td>Trevor LGBT Youth Crisis Line</td>
<td>Text START to 678678</td>
</tr>
<tr>
<td>Trevor LGBT Youth Crisis Line</td>
<td>1-866-422-7386</td>
</tr>
<tr>
<td>YouthLine</td>
<td>Text: Teen2teen to 839863</td>
</tr>
<tr>
<td>YouthLine</td>
<td>1-877-968-8491</td>
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<tr>
<th><strong>PSYCHIATRIC EMERGENCY CRISIS LINES</strong></th>
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<tbody>
<tr>
<td>North Star Behavioral Health:</td>
<td>269-7100</td>
</tr>
<tr>
<td>North Star Behavioral Health:</td>
<td>563-3200</td>
</tr>
<tr>
<td>North Star Behavioral Health:</td>
<td>258-7575</td>
</tr>
<tr>
<td>Veterans &amp; Military Crisis Line</td>
<td>1-808-273-8255</td>
</tr>
</tbody>
</table>
Veterans & Military Crisis Line
Press 1 or text 838255
Veterans & Military Crisis Line
TTY/TTD: 1-800-799-4889

**HOSPITALS**

<table>
<thead>
<tr>
<th>Hospital</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alaska Native Medical Center:</td>
<td>563-2662</td>
</tr>
<tr>
<td>Alaska Regional Hospital:</td>
<td>276-1131</td>
</tr>
<tr>
<td>Alaska Veterans Affairs Healthcare System (VA)</td>
<td>257-4700</td>
</tr>
<tr>
<td>Chris Kyle Patriots Hospital (Veterans)</td>
<td>258-7575</td>
</tr>
<tr>
<td>Elmendorf AFB Hospital (Emergency)</td>
<td>580-5555</td>
</tr>
<tr>
<td>Providence Hospital:</td>
<td>562-2211</td>
</tr>
<tr>
<td>St. Elias Specialty Hospital (Extended inpatient acute care)</td>
<td>561-3333</td>
</tr>
</tbody>
</table>

**MEDICAL HEALTH CLINICS**

<table>
<thead>
<tr>
<th>Clinic</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Anchorage Health Department Public Health Clinic</td>
<td>343-4799</td>
</tr>
<tr>
<td>Anchorage Neighborhood Health Center</td>
<td>748-7200</td>
</tr>
<tr>
<td>Providence Family Medicine Center</td>
<td>562-9229</td>
</tr>
<tr>
<td>Planned Parenthood</td>
<td>1-800-769-0045</td>
</tr>
<tr>
<td>Urgent Care (Call Providence Nurse for Referral to Clinic)</td>
<td>212-6183</td>
</tr>
</tbody>
</table>

**SPECIFIC MEDICAL CONDITIONS**

<table>
<thead>
<tr>
<th>Condition</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Alzheimer's Resource of Alaska/Care</td>
<td>561-3133</td>
</tr>
<tr>
<td>American Cancer Society</td>
<td>277-8610</td>
</tr>
<tr>
<td>Dental: University of Alaska Dental Hygiene Program</td>
<td>786-4346</td>
</tr>
<tr>
<td>HIV/AIDS: Alaskan AIDS Assistance Association (Four A's)</td>
<td>263-2050</td>
</tr>
</tbody>
</table>

**HEALTH INSURANCE**

Medicaid/Denali Care and Denali KidCare
Division of Public Assistance
dhss.alaska.gov/dpa/pages/medicaid/

**MEDICATION DISPOSAL BAGS LOCATIONS**

- Select pharmacies: Carrs, CVS (inside Target), Fred Meyer, Providence Hospital,
- Anchorage Health Department, 825 L St
- Anchorage Waste Water Utility, 3000 Arctic Blvd
- City Hall, 632 W 6th Ave
- Eagle River Library, 12001 Business Blvd
- Girdwood Library, 250 Egloff Dr
- Loussac Library, 3600 Denali St
- Muldoon Library, 1251 Muldoon Rd, Suite 158
- Volunteers of America, 509 W 3rd Ave, Suite 103
- Walgreens, and Family Pharmacy (Eagle River)

**MEDICATION DROP BOX LOCATIONS**

- Alaska Native Medical Center Pharmacy: 1-855-482-4382
  4315 Diplomacy Dr:
  743-7200
- Anchorage Neighborhood Health Center:
Mental Health Resources for Youth & Adults

<table>
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<tr>
<th>Resource</th>
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<tr>
<td>Abused Women Aid in Crisis (AWAIC)</td>
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<td>(AWAIC) 24 Hour Crisis Hotline</td>
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<tr>
<td>AK Child &amp; Family (formerly Alaska Children's Services)</td>
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<td>Alaska Mental Health Consumer Web (The Web)</td>
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<td>Alaska Veterans Affairs Healthcare System</td>
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<td>Alaska Youth Advocate</td>
<td>929-2633</td>
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<td>Alaska Youth &amp; Family Network</td>
<td>770-4979</td>
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<td>Anchorage Behavioral Health Clinic (Providence Hospital)</td>
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<td>Anchorage Community Mental Health Services, Inc.</td>
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<td>Anchorage Vet Center</td>
<td>563-6966</td>
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<td>The Arc of Anchorage</td>
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<td>Birchwood Behavioral Health</td>
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<td>Covenant House</td>
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<td>Demming Counseling Services</td>
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<td>Denaa Yeets' (Southcentral Foundation)</td>
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<td>Denali Family Services</td>
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<td>Fireweed Clinic and ANPCC (Southcentral Foundation)</td>
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<td>Money Management International</td>
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<td>National Alliance on Mental Illness</td>
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<td>North Star Behavioral Health</td>
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<td>The Pathway Home (Southcentral Foundation)</td>
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<td>Providence Alaska Crisis Recovery Center</td>
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<tr>
<td>Quyana Clubhouse (Southcentral Foundation)</td>
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<td>Resolution Services Counseling and Wellness Office</td>
<td>877-322-2450</td>
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<td>Standing Together Against Rape (STAR)</td>
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<td>U-Med Clinic (Providence Medical Group)</td>
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<tr>
<td>Veterans &amp; Military Crisis Line</td>
<td>1-808-273-8255</td>
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<td>Grief Share Hospice of Anchorage</td>
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<td>Life Alaska Donor Services</td>
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<tr>
<td>Survivors of Suicide Support Group</td>
<td>272-3100</td>
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### DEATH
- Hospice of Anchorage: 561-5322
- Legacy Funeral Homes East Klatt: 336-3338
- Legacy Funeral Homes Old Seward: 344-1497
- Legacy Funeral Homes Bragaw: 277-1682
- Life Alaska Donor Services: 562-5433
- National Helpline Substance Abuse & Mental Health Services Administration (SAMHSA): 1-800-662-HELP (4357)
- Providence Hospice: 212-4400

### BEREAVEMENT SUPPORT SERVICES
- Survivors of Suicide Support Group: 272-3100
- Veterans' Grief and Loss Group: 257-4854
- Veterans & Military Crisis Line: 808-273-8255 Press 1 or text 838255
- Victims for Justice: 278-0977

### EMERGENCY ALCOHOL SERVICES
- Anchorage Safety Patrol (ASP) and Anchorage & Center: 343-4006, 311
- Providence Psychiatric Emergency Department: 212-2800
- Providence Psychiatric Emergency Department Crisis line: 563-3200

### SUBSTANCE USE INTERVENTION AND RECOVERY RESOURCES
- Aeon: 562-4606
- Akeela, Inc: 565-1200
- Alaska Regional NEST Program: 276-1131
- Alaska VA Healthcare System: 273-4011
- Alaska Wisdom Recovery: 562-4540
- Aleutian Pribilof Islands Association: 222-9764
- Algone Clinic: 770-1152
- Alcohol Safety Action Program (ASAP): 264-0735
- Alcoholics Anonymous (AA): 272-2312
- Alyeska Counseling Group, LLC: 782-4553
- Anchorage Treatment Solutions: 866-837-4791
- Anchorage Women's Recovery Project (AWRP): 729-5190
- CHOICES, Inc.: 333-4343
- Chris Kyle Patriots Hospital North Star Behavioral Health: 258-7575
- Clare Swan Outpatient (Cook Inlet Tribal Council): 793-3206
- Clare Swan Outpatient (Cook Inlet Tribal Council): 793-3200
- Ernie Turner Center (CITC): 688-1750
Recovery & Reentry (CITC) 793-3427
Dena A Coy (Southcentral Foundation) 729-5070
Discovery Cove Recovery and Wellness Center 694-5550
Four Directions Outpatient (Southcentral Foundation) 729-6300
Genesis Recovery, Inc. 243-5130
Ideal Option 1-877 522-1275
Insight Therapy LLC 677-8942
Jett Morgan Treatment Services, LLC 677-7709
Ma's Way 884-5350
Mountain Minds Matter 382-6477
Narcotic Drug Treatment Center 276-6430
Providence Breakthrough 212-6970
Renew Your Mind 222-5464
Salvation Army Clitheroe Center 770-8812
Southcentral Detox (formerly Ernie Turner Center Detox) 729-6690
Tutan Recovery Services 563-0555
Volunteers of America Alaska 279-9640

Narcan ("save shot")
Opiate Over-Dose Safe Kite
Prevention Project HOPE: ProjectHOPE@alaska.gov
Alaskan AIDS Assistance Association (Four A's): 263-2050
Alaska Regional Hospital: 276-1131
Providence Hospital: 212-3111
REAL About Addiction & Anchorage Opiate Task Force 440-7289

NEEDLE SERVICES
Needle exchange/syringe access program
NEEDLE SERVICES Alaska Native Medical Center (ANMC) 729-2117
Pharmacy
NEEDLE SERVICES Alaskan AIDS Assistance Association (Four A's) 263-2050

HOMELESS & NEAR HOMELESS SHELTERS
Anchorage Gospel Rescue Mission 563-5603
Abused Women Aid in Crisis (AWAIC) 279-9581
Bean's Cafe/Day Shelter/Winter overflow Shelter 433-8600
Catholic Social Services (CSS) - Brother Francis Shelter 277-1731
Catholic Social Services - Clare House 563-4545
Catholic Social Services - St. Francis House Food Pantry 222-7323
Covenant House Alaska 272-1255
Downtown Hope Center 277-4302
RurAL CAP - Safe Harbor 644-8525
RurAL CAP - Sitka Place 868-7373
Salvation Army McKinnell House 276-1609
Willa's Way 729-4955
Transitional Living & Housing 865-7500
Akeela Transitional Housing 565-1200
CHOICES, Inc. 333-4343
Clare House Progressive Housing Program 563-4545
Cook Inlet Tribal Council Recovery & Reentry Program 793-3427
Genesis Recovery Services, Inc. 1-877-352-1126
Harmony House 279-9581
Henry House 274-5253
Karluk Manor 375-3272
Lutheran Social Services of Alaska 272-0643
Ma's Way 1-884-5350
New Life Development Inc. 646-2200
Oxford House Denali: 6414 Tolhurst Ct 677-0408
Oxford House Northern Lights: 538 S Klevin 333-0099
Oxford House Yukon: 2721 Juneau St: 222-0339
The Pathway Home 729-5020
Passage House 333-2023
Rights of Passage 339-4420
Safe Harbor 644-8525
Sitka Place 868-7373
Supportive Services for Veteran Families 222-7331

FOOD & NUTRITION RESOURCES

FOOD PANTRIES SUBJECT TO CHANGE CALL 2-1-1

No Kid Hungry National
Anchorage Gospel Rescue Mission 563-5603
Anchorage Northside SDA Church 278-6276
Bean's Café 274-9595
Centennial Village Mobile Food Pantry 211
Chugiak/Eagle River Food Pantry 694-5228
Church of the Nations 211
Crosspoint Community Church Mobile Food Pantry 211
Fairview Rec Center Mobile Food Pantry 211
First CME Church Mobile Food Pantry 211
Friends in Serving Humanity (F.I.S.H.) 277-0818
Girdwood Chapel 783-0127
Jewel Lake Church of the Nazarene Mobile Food Pantry 211
Latino Lions 561-3680
Lutheran Church of Hope Mobile Food Pantry 272-3663

Text Line at 877-877.
Lutheran Social Services 272-0643 x14
Martin Luther King Jr. Foundation/Shiloh Mission 770-9846
Mountain Coast Vineyard 891-1156
Mountain View Mobile Food Pantry 211
Muldoon Community Assembly Mobile Food Pantry 211
New Hope Compassionate Ministries 274-4673
Open Door Mission 677-3630
Salvation Army Family Emergency Services 277-2593
Sonrise Community Church 211
St. Francis House Food Pantry 211
Voice of Christ JCCAK Food Pantry 211
MEALS FOR ADULTS
Bean's Café 274-9595
Brother Francis Shelter 277-1731
Downtown Hope Center 277-4302

WIC NUTRITION FOR INFANTS/CHILDREN:
MUNICIPALITY OF ANCHORAGE

WIC Clinic Health Department: 825 L St, # 204 343-4668
WIC Alaska Native Medical Center: 4320 Diplomacy Dr: 343-4440
WIC Eagle River: 12001 Business Blvd, Suite 137: 343-4430
WIC JBER Military Base: 9497 20th St, Arctic Oasis Bldg 343-1520

LEGAL AND COURT RESOURCES

Abused Women Aid in Crisis (AWAIC) Hotline Crisis 272-0100
Abused Women Aid in Crisis (AWAIC) 279-9581
AK Child & Family (formerly Alaska Children's Services) 346-2101
Alaska Bar Association Lawyer Referral Service 272-0352
Alaska Institute for Justice 279-2457
Alaska Legal Services Corporation 272-9431
Alaska Native Justice Center 793-3550
Alaska Network on Domestic Violence and Sexual Assault 1-800-520-2666
Catholic Social Services 276-5590
Disability Law Center 565-1002
District Attorney's Office Statewide 1-800-770-8622
Nesbett Courthouse 264-0514
Public Defender Office 334-2580
State of Alaska Office of Elder Fraud & Assistance 334-5989
State of Alaska Victim Witness Program 269-6300
Victim Information and Notification Everyday (VINE) 1-800-247-9763

HATE CRIMES & DISCRIMINATION RESOURCES

AK State Commission for Human Rights Complaint TTY/TDD: 276-3177
Hot Line (In-State):
Alaska State Commission for Human Rights 276-7474
Alaska State Commission for Human Rights-Free Complaint 1-800-478-4692

Hot Line (In-State):
American Civil Liberties Union of Alaska 276-2258
Anchorage Community Diversity Advisory Commission, Muni Office of Equal Opportunity 343-4897
Anchorage Community Police Relations Task Force 343-4342
Municipal Complaint hotline: 343-4343
Municipal Ombudsman 343-4461
Municipality of Anchorage Equal Rights Commission 343-4342
U.S. Department of Justice 1-206-220-6700

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<th>IMMIGRANT AND REFUGEE RESOURCES</th>
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<tr>
<td>Alaska Institute for Justice 279-2457</td>
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<tr>
<td>Catholic Social Services Refugee Assistance &amp; Immigration Services (RAIS) 276-5590</td>
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<tr>
<td>US Customs and Immigration Services (USCIS) 1-800-375-5283</td>
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<th>DISABILITY RESOURCES AND SUPPORT SERVICES</th>
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<tr>
<td>Access Alaska 248-4777</td>
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<tr>
<td>Aging and Disability Resource Center 343-4694</td>
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<tr>
<td>Alaska Brain Injury Network 274-2824</td>
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<td>Alaska Center for the Blind 248-7770</td>
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<td>Alaska Psychological Services 334-1000</td>
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<td>Alliance Behavioral Medicine 562-0001</td>
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<td>Anchorage Community Mental Health Services 563-1000</td>
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<td>Assets, Inc. 279-6617</td>
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<td>Cindy and Vic's R &amp;R, Inc. 230-3618</td>
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<td>Denali Family Services 274-8281</td>
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<td>Disability Law Center of Alaska 565-1002</td>
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<td>Easterseals Alaska 277-7325</td>
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<tr>
<td>Hope Community Resources Inc In State 1-800-478-0078</td>
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<td>Hope Community Resources Inc. 561-5335</td>
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<td>Stone Soup Group Toll-Free 877-786-7327</td>
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<td>Stone Soup Group 561-3701</td>
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<td>The Arc of Anchorage 277-6677</td>
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<td>Adult Learning Center 375-6000</td>
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<tr>
<td>Alaska Job Center Network Mountain View: 315 Price St 297-5422</td>
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<tr>
<td>Alaska Job Center Network Midtown: 3301 Eagle St Suite 101: 269-4800</td>
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<tr>
<td>Alaska Job Center Network Muldoon: 1251 Muldoon Rd: 269-0000</td>
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<td>Alaska Works Partnership 756-4711</td>
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Alaska’s People Career Development Center (CTTC) 793-3300
ALEXsys, AK Department of Labor and Workforce Development 269-4700
Anchorage Literacy Program 337-1981
Covenant House 272-1255
Division of Vocational Rehabilitation (DVR) 269-2060
DVR Debarr Rd TDD 1-800-478-4467 4600
DVR Eagle River 622-2020
Good Will Job Connections 258-0010
Goodwill Job Connections C St, AK 563-6355
Goodwill Job Connections South Anchorage 344-4640
Job Lab Mountain View Library: 120 Bragaw St 343-2818
Job Lab Z.J. Loussac Public Library: 3600 Denali St 343-2975
Nine Star Main Line 279-7827
Parachutes 562-2932
Partners for Progress 272-1192
Southcentral Foundation RAISE Program 729-5015

**LGBTQ COMMUNITY RESOURCES**

Covenant House Alaska 272-1255
Full Spectrum Health 229-9766
Identity Inc. 929-4528
National Runaway Safeline 1-800-786-2929
NorthStar Behavioral Health In-State: 1-800-478-7575
NorthStar Behavioral Health 258-7575
Parents, Families and Friends of Lesbians and Gays (PFLAG) 566-1813
POWER Drop-in Center, Alaska Youth Advocates 929-2633
Trans Lifeline 1-877-565-8860
Trevor LGBT Youth Crisis Line 1-866-422-7386
Trevor TEXT LINE Text START to 678678

**VICTIM AND VIOLENCE SURVIVORS’ ADVOCACY**

Municipal Ombudsman 343-4461
Office of Victims’ Rights 754-3460
Office of Victims’ Rights Nationwide 1-844-754-3460
Victim-Witness Assistance Program, 269-5100
District Attorney’s Office
Violent Crimes Compensation Board (VCCB) 465-3040
Violent Crimes Compensation Board (VCCB) Statewide 1-800-764-3040

**VICTIM/SURVIVOR EMOTIONAL SUPPORT RESOURCES**

Alaska Police & Fire Chaplains Ministry 272-3100
Abused Women Aid in Crisis (AWAIC) 279-9581
(AWAIC)24 Hour Crisis Hotline: 272-0100
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<td>Victims for Justice</td>
<td>278-0977</td>
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<td>Victims for Justice in-State</td>
<td>1-888-835-1213</td>
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**MILITARY AND VETERAN RESOURCES**

SUICIDE PREVENTION HOTLINE 800-273-TALK (8255)

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<td>JBER-E</td>
<td>552-1110</td>
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<td>JBER-R</td>
<td>384-1110</td>
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<td>JBER R: DSN:</td>
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<td>JBER E: DSN</td>
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<td>JBER-R: 600 Richardson Dr: A-139</td>
<td>384-1517</td>
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<td>JBER Sexual Assault Prevention &amp; Response Offices</td>
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<td>JBER-R Sexual Harassment/Assault Response &amp; Prevention (SHARP)</td>
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<td>JBER-R (SHARP) 24/7 Crisis Line</td>
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<td>JBER-R Department of Defense Safe Helpline</td>
<td>1-877-995-5247</td>
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<td>JBER -E Sexual Assault Prevention and Response Office</td>
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<td>JBER -E (SAPRO) - Air Force</td>
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<td>Mental Health:</td>
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<td>JBER-Elmendorf Emergency Room:</td>
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<td>JBER-Richardson Military Police (MP):</td>
<td>384-0823</td>
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<td>JBER-E Security Forces Squadron:</td>
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<td>Medical Group (Elmendorf Hospital)</td>
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<td>JBER Chapel Main:</td>
<td>552-5762</td>
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<td>JBER Chapel After Hours:</td>
<td>552-3000</td>
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<td>JBER Elmendorf AFB Family Advocacy Program</td>
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<td>JBER-R: Building 600, Room 305:</td>
<td>384-0371</td>
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<td>JBER-E: 673 ABW Legal Office:</td>
<td>552-3046</td>
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<td>Armed Services YMCA of Alaska</td>
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<td>JBER-E: 7135 Doolittle St, Bldg 7135:</td>
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JBER-R: 7179 Fighter Dr, Bldg 655: 384-9622
JBER-E: Military and Family Life Consultants (MFLC) 382-2799
JBER-R: Military and Family Life Consultants (MFLC) 384-1534
Alaska Military Family Assistance Center 428-6606
Alaska Military Family Assistance Center 888-917-3608
Alaska VA Healthcare System Regional Office 257-4700
Domiciliary Care for Homeless Veterans 273-4000
Anchorage Vet (Resource) Center 563-6966
Catholic Social Services Supportive Services for Veteran Families 222-7300
Chris Kyle Patriots Hospital 258-7575
Chris Kyle Patriots Hospital In-State 800-478-7575
JBER WIC Nutrition for Infants/Children 343-4430

**FAMILY AND PARENTING RESOURCES**

Family Services 746-4080
Alaska Regional Hospital Parent Classes 264-1773
Alaska Youth and Family Network 770-4979
Alaska Center for Resource Families 279-1799
Alaska Center for Resource Families Toll-Free 1-866-478-7307
Catholic Social Services 222-7300
Cook Inlet Tribal Council 793-3132
Help Me Grow Alaska - All Alaska Pediatric Partnership 1-833-464-2527
Southcentral Foundation Mother/Baby/Child 729-2689
Parents as Teachers Kids’ Corps: 339-0154
Parents as Teachers RurAL CAP: 865-7334
Providence - Parenting with Providence Alaska 212-4940
Stone Soup Group 561-3701
Stone Soup Group Toll-Free: 1-877-786-7327
Thread 265-3100

**INTERPERSONAL VIOLENCE, SEXUAL ASSAULT & ABUSE RESOURCES**

Abused Women Aid in Crisis (AWAIC) 24 Hour Crisis Hotline 272-0100
Abused Women Aid in Crisis (AWAIC) 279-9581
Alaska Network on Domestic Violence & Sexual Assault (ANDVSA) 586-3650
Anchorage Police Department (APD) 786-8900
Anchorage Prosecutor's Office 343-4250
JBER Department of Defense Safe Helpline 1-877-995-5247
JBER -E Sexual Assault Prevention and Response Office (SAPRO) - Air Force 551-2035
JBER Elmendorf AFB Family Advocacy Program 580-5858
JBER-R Sexual Harassment/Assault Response & Prevention (SHARP) 24/7 Crisis Line 384-7272
JBER-R Sexual Harassment/Assault Response & Prevention 384-1945
Mat-Su valley, Alaska Family 1-866-746-4080
Mat-Su valley, Alaska Family 746-4080
Municipal Prosecutor's Office 343-4250
National Center for Health Research 1-800-787-3224 TTY
National Center for Health Research 1-800-799-SAFE (7233)
Southcentral Foundation - Willa's Way 729-6300
Standing Together Against Rape (STAR) 24-Hour Crisis Line 1-800-478-8999
Standing Together Against Rape (STAR) 24-Hour Crisis Line 276-7273
Standing Together Against Rape (STAR) 276-7279
State of Alaska Office of Children's Services 269-4000
The Victim/Witness assistance program of the Department of Law 269-6300
United States Attorney's Office Victim-Witness Program 269-5100
Violent Crimes Compensation Board 1-800-764-3040.

HUMAN TRAFFICKING
Polaris BEFREE Hotline Text 233733 (BEFREE)
Polaris BEFREE Hotline 1-888-373-7888
Priceless Alaska 646-4816

YOUTH RESOURCES FACILITY BASED
Alaska Youth Advocates 929-2633
Covenant House Alaska 272-1255
Parachutes Teen Club & Resource Center 562-2932

MISSING & RUNAWAY CHILDREN
Anchorage Police Department Crimes Against Children Unit 786-2615
Covenant House Alaska 272-1255
National Center for Missing & Exploited Children 1-800-THE-LOST
State of Alaska Department of Public Safety Missing Persons 269-5038
Clearinghouse 1-800-478-9333

ELDER ABUSE
State of Alaska Adult Protective Services In State 1-800 478-9996
State of Alaska Adult Protective Services 269-3666
State of Alaska Office of the Alaska Long Term Care Ombudsman 1-800-730-6393
State of Alaska Office of the Alaska Long Term Care Ombudsman 334-4480

ANIMAL ABUSE
Animal Control Dispatch Customer Service 343-8122

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<th>Service</th>
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<td>Animal Control Dispatch</td>
<td>343-8119</td>
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<tr>
<td>Safe Haven for Pets (AWAIC)</td>
<td>279-9581</td>
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<tr>
<td><strong>GENERAL INFORMATION FOR ALL VICTIMS OF CRIME</strong></td>
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<tr>
<td>Alaska Office of Victims' Rights Toll-Free:</td>
<td>844-754-3460</td>
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<tr>
<td>Alaska Office of Victims' Rights</td>
<td>754-3460</td>
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<tr>
<td>Anchorage Police Department (APD) Domestic Violence Unit</td>
<td>343-4199</td>
</tr>
<tr>
<td>State of Alaska Domestic Violence Office</td>
<td>264-0615</td>
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<tr>
<td>Victim Information and Notification Everyday (VINE)</td>
<td>1-800-247-9763</td>
</tr>
<tr>
<td>Violent Crimes Compensation Board (VCCB) Financial Assistance, State of Alaska</td>
<td>1-800-764-3040</td>
</tr>
<tr>
<td><strong>PROTECTIVE ORDERS</strong></td>
<td></td>
</tr>
<tr>
<td>Abused Women Aid in Crisis (AWAIC)</td>
<td>279-9581</td>
</tr>
<tr>
<td>Alaska Court System</td>
<td>264-0616</td>
</tr>
<tr>
<td>APD Dispatch</td>
<td>786-8900</td>
</tr>
<tr>
<td>Boney Court House</td>
<td>264-0616</td>
</tr>
</tbody>
</table>
NOTES
Anchorage Police Department (APD)
786-8500

Anchorage Police Department (APD)
Domestic Violence Unit
343-4199

Alaska State Troopers
269-5511

State of Alaska Domestic Violence Office
264-0615

Case Number: ______________________
Officer’s Name_____________________
Next Court Appearance: ___ /__/___
Time: ___________ Nesbett / Anchorage Jail

CALL AHD
(907) 343-6321 FOR QUESTIONS OR COMMENTS RELATED TO THIS BOOKLET